

B2 Phrasal Verbs Worksheet 4

Communication & Relationships

1. Speak Up (Inseparable)

Definition: to speak more loudly or express an opinion

Formal alternative: voice

Example:

- You should speak up if you disagree.
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2. Open Up (Inseparable)

Definition: to talk about personal feelings

Formal alternative: confide

Example:

- It took him a long time to open up.
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3. Fall Out (Inseparable)

Definition: to have an argument and stop being friendly

Formal alternative: quarrel

Example:

- They fell out over money.
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4. Make Up (Inseparable)

Definition: to become friends again after an argument

Formal alternative: reconcile

Example:

- They finally made up after months of silence.
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5. Get On With (Inseparable)

Definition: to have a good relationship with someone

Formal alternative: have a good relationship with

Example:

- She gets on well with her colleagues.
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6. Reach Out To (Inseparable)

Definition: to contact someone for help or support

Formal alternative: contact

Example:

- Don't hesitate to reach out to me.
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7. Back Up (Separable)

Definition: to support someone or something

Formal alternative: support

Examples:

- She backed up her colleague.
 - She backed her colleague up.
-

8. Let Down (Separable)

Definition: to disappoint someone

Formal alternative: disappoint

Examples:

- He let down his team.
 - He let his team down.
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9. Stand Up For (Inseparable)

Definition: to defend someone or something

Formal alternative: defend

Example:

- She always stands up for her friends.
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10. Bring Up (Separable)

Definition: to mention a topic

Formal alternative: mention

Examples:

- He brought up an interesting point.
 - He brought the point up during the meeting.
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11. Point Out (Separable)

Definition: to draw attention to something

Formal alternative: indicate

Examples:

- She pointed out a mistake.
 - She pointed the mistake out.
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12. Come Across As (Inseparable)

Definition: to appear to be

Formal alternative: seem

Example:

- He comes across as confident.
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13. Talk Over (Separable)

Definition: to discuss carefully

Formal alternative: discuss

Examples:

- Let's talk over the proposal.
 - Let's talk the proposal over.
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14. Shut Down (Separable)

Definition: to stop communication completely

Formal alternative: withdraw

Examples:

- He shut down the conversation.
 - He shut the conversation down.
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15. Catch Up With (Inseparable)

Definition: to exchange news after a period apart

Formal alternative: reconnect with

Example:

- We met to catch up with each other.